

**" We are called to
include in our work a
dimension of
receptivity
and gratuity,
which is quite
different from mere
inactivity."**

LS 237



Season of Creation

September 1, 2017 - Oktober 4, 2017



Serene attentiveness



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SERENE ATTENTIVENESS

Attentiveness and mindfulness are buzz words these days. Managers are initiated to practise it in order to be more relaxed and efficient in their work.

For Pope Francis attentiveness is a fundament attitude of the heart, an expression of love and a way to overcome an unhealthy anxiety.

Some texts from Laudato Si:

We are speaking of an attitude of the heart, one which approaches life with serene attentiveness, which is capable of being fully present to someone without thinking of what comes next, which accepts each moment as a gift from God to be lived to the full...

(Jesus) was completely present to everyone and to everything, and in this way he showed us the way to overcome that unhealthy anxiety which makes us superficial, aggressive and compulsive consumers.. (226)

Disinterested concern for others, and the rejection of every form of self-centeredness and self-absorption, are essential if we truly wish to care for our brothers and sisters and for the natural environment. (208)

Along with the importance of little everyday gestures, social love moves us to devise larger strategies to halt environmental degradation and to encourage a ‘culture of care’ which permeates all of society. (231)

Prayer

*God of love, show us our place in this world
as channels of your love*

for all the creatures of this earth,

for not one of them is forgotten in your sight: